

# HOW TO

Save Your Own

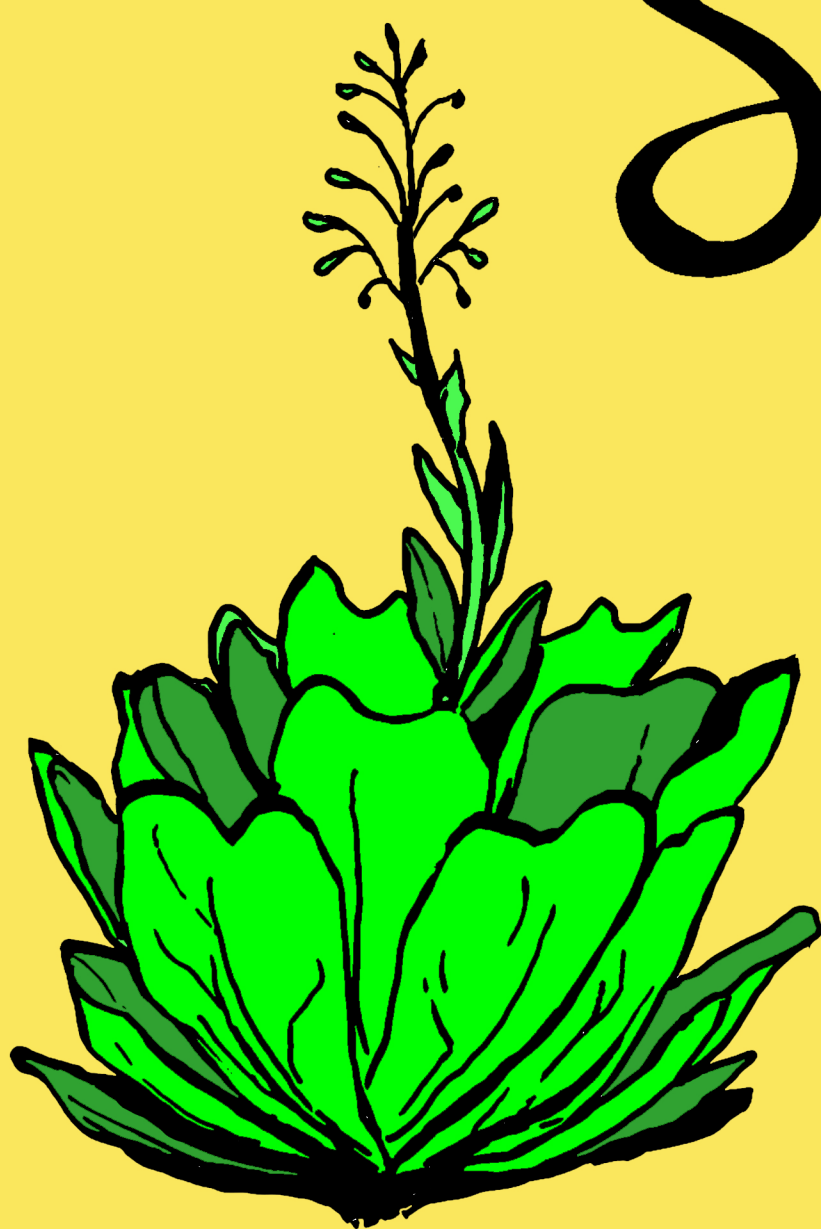
LETTUCE



Seeds

1

WHEN THE LETTUCE HAS  
"PARACHUTE" PLUMES



GENTLY BEND THE FLOWER STALKS  
& SHAKE INTO LARGE PAPER BAG



2

STORE IN AIR-TIGHT  
LABELLED CONTAINER

